



The Red Letter

Spring 2012

Welcome, Baby!

A mother struggling with HIV, homelessness, and addiction strives to make a change.

Last fall we welcomed Leticia*, age 24, to Glade House. She was just past her first trimester of pregnancy and facing some tremendous challenges. Leticia was homeless, fighting an addiction problem, and HIV positive. She was unable to care for and support herself, let alone a new baby.

It was a brave step to enter the Glade House Program. She was worried about her ability to follow the program rules:

- 1) stay sober;
- 2) participate in substance abuse recovery groups and individual therapy;
- 3) attend multiple 12-step meetings weekly; and
- 4) keep up with required "house" chores.

This was not Leticia's first pregnancy. She lost custody of her first child as a newborn because she was homeless and addicted to drugs with no way to care for the baby.

Leticia was determined that this time things would be different. She told us if we would just give her a chance, she would follow the program at Glade House and stay sober.

For nearly nine months, Leticia has been sober. She is working hard to overcome her drug addiction, as well as prior sexual abuse. Unwilling to trust



therapists prior to coming to Glade House, she found a safe environment with us, where she could work toward healing. After months of preparing, Leticia delivered a healthy baby girl on March 19.

The Glade House residents have been tickled pink with the infant's arrival and even threw a heartfelt shower for Leticia. Mom and baby both continue to do well. Leticia is only one test away from obtaining her GED, and they are preparing to move into permanent, stable housing soon. It's been a long journey, and this is just the beginning, but Leticia is hopeful that with continued support and hard work she will continue to succeed. For herself and her new daughter.

You can help a mother like Leticia succeed; mail a donation in the envelope provided or donate online at www.houseofruth.net.

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The Red Letter is a quarterly newsletter produced by House of Ruth.

**To protect our client's privacy, names have been changed.*

DID YOU KNOW?

With proper care during pregnancy, including the appropriate use of HIV medications and precautions during labor, the risks of a mother transmitting HIV to her baby can be reduced to below 1%.

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Mission Statement

House of Ruth is a nonprofit community-based organization caring for families and individuals with or affected by HIV/AIDS. We provide a holistic client-centered approach for housing and advocacy programs. This includes: life skills, children's programs and other support services to help strengthen lives.

2011 Dining Out for Life® Presented by Brown-Forman



51 Restaurants,
104 Volunteers, 19 Sponsors,
Thousands of Diners
= RECORD YEAR
\$96,803.00

House of Ruth enjoyed a record-setting year for Dining Out for Life® Presented by Brown-Forman. Many factors contributed to the success of the 2011 Dining Out for Life®. We cultivated increased community involvement by recruiting and training more than 100 volunteers to spread the word. Our volunteers encouraged their friends, families, and co-workers to come out and support this one-day event. The volunteers also created a presence in each of the 51 participating restaurants, providing diners information about

House of Ruth and its mission and thanking them for Dining Out that day. Additionally, generous support from our media sponsors helped us reach more potential diners. In total, 2,640 people Dined Out for Life on November 30. The increased volunteer outreach, expanded marketing, and record number of diners culminated in the highest dollar-generating Dining Out in the 15 years of the event at House of Ruth. Our thanks to all of you who made the event a great success!



11.28.2012

save the date

Dine Out, Fight AIDS



Event Calendar



Friday, June 1 11am-3pm

Desserts! Desserts! Festival
Cathedral of the Assumption
433 South Fifth Street, Louisville
Kentuckiana's premier chefs donate desserts
available for purchase from \$1 to \$5. Proceeds
benefit House of Ruth.

Saturday, September 15

20th Annual Louisville AIDS Walk
Watch for details.

New Leadership and Staff Changes

In 2011, after leading House of Ruth for eight years, Executive Director Linda Underwood retired and was succeeded by **Lisa Sutton**. Lisa has 15 years of progressive responsibility at several social service agencies, including Legal Aid Society, Cabinet for Health and Family Services, Maryhurst, and Portland's Neighborhood House. She holds a J.D. from The Ohio State University and transitioned to nonprofit administration after several years of law practice. Lisa also holds a Master's in Social Work from the University of Louisville.

Four other staff also assumed key positions at House of Ruth in recent months. **Cindy Good** is the Director of Development. She brings many years of experience in overseeing, marketing, and soliciting sponsorships for special events. A graduate of the University of Louisville, Cindy formerly served as Special Events Director for the National Senior Games and oversaw special events for Special Olympics Kentucky.

Katie McCarthy is the new Director of Programs. A licensed art therapist from the University of Louisville, she has 15 years of experience working with adults and children coping with co-occurring mental illness, addiction, and related trauma. Katie has worked in psychiatric services in the New York City public hospital system and, most recently, Wellspring.

Roger Jones has assumed the newly created role of Director of Property Management. He is responsible for oversight and maintenance of House of Ruth's 17 single family properties, along with the St. Matthew campus and Glade House facility. He is well-equipped for his duties, given his 14 years of owning and operating a construction and remodeling company.

Kiera Phillips serves as Volunteer Coordinator. A graduate of Indiana



Front: Lisa Sutton Second Row: Roger Jones, Katie McCarthy, Stephanie Walker, Kiera Phillips Back Row: Ryan Cundiff, Cindy Good, Phillip Mooney and Ken Cravens

University, she has more than 10 years of communications experience, most recently at The Salvation Army.

Though not new to House of Ruth, several other staff have recently taken on new roles. **Stephanie Walker** has moved from Client Services Manager to Glade House Program Manager. **Ryan Cundiff**, formerly a case manager at Glade House, has

become Client Services Manager. **Ken Cravens**, a part-time Program Aide at Glade House, has taken on the additional duties of Children's Program Coordinator. **Phillip Mooney** is the new maintenance person. Finally, Glade House has added the following Program Aides: **Sonny Roppel, Rodney Moppin, Alexis Keen, Whitney Reynolds, Tony Thornton, and Joy Fanning.**

Want to help?

Donate something needed on our Wish List.
You can drop off donations at 607 E. St. Catherine St.

We are currently in need of the following items:

- toilet paper
- laundry detergent (small sizes preferred)
- new men's underwear and socks -- all sizes
- peanut butter
- canned stews
- cans of new Penn tennis balls
- gently used metal patio furniture
- gently used or new exercise equipment
- used paperbacks and DVDs for adults and children



House of Ruth

607 E. St. Catherine St.
Louisville, KY 40203
Phone: 502.587.5080
Fax: 502.587.5009



House of Ruth Welcomes New Partnerships



House of Ruth is excited to announce our 20th Anniversary Celebration. Partnering with the Frazier History Museum, the event honoring the founding of House of Ruth will be Sunday, September 16, during the opening weekend of the Princess Diana Exhibit. The exhibit will run through January 13, 2013. Watch for details.



The Dixie Swim Club:
May 15 - July 1, 2012.
In honor of mothers who are HIV-positive, Derby Dinner Playhouse will be giving a portion of the proceeds on Wednesday evenings for the month of June to House of Ruth.

For tickets or information:
www.derbydinner.com
(812) 288-8281



Go Green With Us

Would you rather receive our newsletter through your e-mail? Check YES! Sign me up for e-communications on the provided envelope and mail it in or send an e-mail to kphillips@houseofruth.net.

